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Wildlife of Kyrgyzstan	
Highest point:	3860m
Lowest point:	2500m
Total Elevation Gain:	5480m
Total Elevation Loss:	6310m
Level of Difficulty:	Difficult
Total Hours of Hiking:	~35Avg
Total Amount of trekking days:	10
Approximate Trekking Distance:	~118km
Total hours of driving:	14hours
Total kilometers of driving:	911m

Day	Description
Day1	Meet at Manas airport. Bus to the guest house ~40min (25km). Bishkek City tour. Overnight in the guest house (Elevation: 900m).
Day2	Leaving the guest house you will travel to Tamga village ~4-5 hours (324km). Overnight in the guest house (Elevation: 1700m).
Day3	Leaving the guest house you will travel to Chon-Kyzyl-Suu valley ~1-2 hour (65km). You will hike along the valley ~2-3 hours (8km). Overnight in the tent (Elevation: 2500m).
Day4	Leaving the campsite you will hike to the baseline of the Archa-Tor pass ~4-5 hours (10km). Overnight in the tent (Elevation: 2900m).
Day5	Leaving the campsite you will summit Archa-Tor pass (3900m) and descent to Jety-Oguz valley ~7-8 hours (20km). Overnight in the yurt camp (Elevation: 2300m).
Day6	Leaving the campsite you will hike to the baseline of Telety pass ~4-5 hours (12km). Overnight in the tent (Elevation: 2900m).
Day7	Leaving the campsite you will summit Telety pass (3820m) and descend to Karakol valley ~6-7 hours (15km). Overnight in the tent (Elevation: 2400m).
Day8	Leaving the campsite you will hike to Sirota EcoTrek campsite ~2-3 hours (6km). You will be walking alongside the river for approximately 1 hour and then you will cross a cable bridge and trek up the valley to the base camp. Overnight in the tent (Elevation: 2700m).
Day9	Leaving the campsite you will summit Alakul pass and Alakul Lake (3860m) and descend to Keldike valley ~6-7 hours (15km). Overnight in the tent (Elevation: 3300m).
Day10	Leaving the campsite you will hike down to Altyn-Arashan hot springs ~2-3 hours (6km). There is an option to relax in the hot springs (additional cost). Overnight in the tent (Elevation: 2500m).
Day11	Leaving the campsite you will ascend to Almaluu pass (3600m) and descend to Almaluu valley ~4-5 hours (11km). Overnight in the tent (Elevation: 2500m).
Day12	Leaving the campsite you will hike down to Aksu resort ~4-5 hours (15km). You will travel to Karakol ~30min (~18km). Overnight in the guest house (Elevation: 1670m).
Day13	Leaving the guest house you will travel to Cholpon-Ata ~3-4 hours (130km). On the way you will an open air museum of petroglyphs. Overnight in the guest house (Elevation: 1600m).
Day14	Leaving the guest house you will travel to Bishkek ~4-5 hours (324km). On the way you will visit Burana tower. Overnight in the guest house (Elevation: 900m).
Day15	Leaving the guest house you will travel to Manas airport ~40min (25km).

Wildlife of Kyrgyzstan: Tour price

Group Size	Per person €	Total €	Included	Not included
2	2865	5731	<ul style="list-style-type: none"> • Transportation to and from planned attractions • Accommodation in guest houses, yurts & tents • Accommodation & food for the personnel • 3 fresh meals per day throughout the tour • Guide + English translator • Mountain cook 	<ul style="list-style-type: none"> • Single room in the guest houses • Transportation to attractions not included in tour • Alcoholic drinks • Bottled water during trek • Overnight in mountain huts (tents provided) • Flights to and from country
3	2322	6966		
4	1977	7910		
5	1839	9198		
6	1693	10159		
7	1788	12517		

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8	1684	13478
9	1635	14719
10	1579	15798
11	1549	17040
12	1500	18000
13	1480	19242
14	1524	21343
15	1505	22584
16	1471	23545
17	1458	24786
18	1430	25747
19	1422	27024
20	1399	27985

- Porter
- Mountain cook assistant (if more than 7 clients)
- Mountain kitchen gear
- Mountain toilet
- Bottled water in cities/purified spring water during trek
- Attraction ticket fees
- Karakol National Park fees
- Visa cost (for countries not offered free visas)

Additional information

Personnel

The price listed above includes food, rental equipment and transportation for the personnel.

EcoTrek will provide an experienced **mountain guide**. The guides are all well educated in trekking and mountain safety.

EcoTrek will provide one **porter** for each client. The porters can carry up to 17 kilos. The porters will carry all food and camping equipment for the entire trek. Typically our clients carry a small backpack which contains water, snacks, and 1 or 2 items of clothing during the trek. An additional porter can be provided for €23 per day.

EcoTrek will provide a professional **mountain cook**. The cook will prepare fresh and nutritious food for the trek. Please inform your cook if you are a vegetarian or have any allergies. If there are more than 7 clients, a mountain cook assistant is provided.

Climate

Kyrgyzstan has a continental climate. The sun shines over 200 days a year. The temperature during the summer months can range from 20°C to 40°C between 900-2000m elevation; between 3000-4000 m the temperature ranges from 0°C to 20°C. In Kyrgyzstan the weather can change 3-4 times a day. Be aware sometimes you may experience rainy, snowy and sunny weather in the same day.

You need to bring:

Winter jacket, sleeping bag rated for -26°C to 0°C, rain gear, 2-3 pairs of wool socks, waterproof trekking boots, gloves, sunglasses, sunscreen with high UV-protection, lip balm with UV-protection.

EcoTrek will provide the necessary trekking equipment:

A 2 person 3 season tent and a sleeping mat. EcoTrek will also provide a kitchen for the cook and dining area for the clients to eat their meals. If client wants to stay in single tent there is a cost of €4 per day.

Food during the trek

Breakfast: hot cereal or fried eggs, cheese, honey, bread, butter, coffee and tea.

Lunch: salads, sandwiches, fruit, coffee and tea.

Snack: cookies, coffee and tea.

Dinner: soup, second course, cheese, honey, dried fruit, bread, coffee and tea.

Insurance

It is strongly recommended that all clients have proper insurance to cover any illnesses, helicopter evacuation and transportation to their country of origin. In the event of an emergency EcoTrek will do everything in its power to assist clients. Please contact your Embassy to find the best travelers insurance policy for your stay in Kyrgyzstan.

Visa

Kyrgyz Republic gives free visa to citizens of 44 countries including; EU, USA, Japan, UK, Norway, Switzerland and Brazil.

Terms & Conditions

EcoTrek needs to be paid in full before the trek starts. If the client cancels the trek before the agreed upon start date, EcoTrek will keep a 15 % cancelation fee. Clients who return early from a trek are not eligible for a refund for the personnel/food unless injury, illness or natural events forces the trek to end early.

All prices are listed in EUROS and these prices are valid throughout 2015. EcoTrek will prepare a receipt for the payment. Please note that bank transfers will cost an additional 7 % for the transaction fee. We request that a 15% deposit is paid 15 days before the start of the trek.

Bank data	
Beneficiary	Agida Iskakovna Dosumbaeva
Beneficiary account EURO	1180000056420258
Beneficiary bank	Demir Kyrgyz International Bank (Karakol, Kyrgyzstan)
Beneficiary SWIFT	DEMIKG22

Note:

EcoTrek provides a basic first aid kit. It is recommended to bring your own altitude sickness tablets, digestive tablets, and any other additional medication needed during your trek.

Description of transportation provided during the tour

Photo

EcoTrek will provide clean and comfortable transportation from airport and around city. The driver has good work experience in the sphere of tourism and service.



Minibus

EcoTrek will provide a military truck during the trekking part of the tour. This is a perfect transportation for the mountain roads of Kyrgyzstan. The driver has more than 10 years of driving experience with this special form of transportation.



Military Truck

Emergency contact:

Name: Agida Dosumbaeva

Contact information:

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